CLAIMS

- A space keeper for vertebrae or intervertebral disks comprising:

 a tubular section having a longitudinal axis;
 a base plate connected with an end of the tubular section; and
 a top plate connected with the base plate wherein the top plate is

 tiltable about an angle to the longitudinal axis of the tubular section.
- 2. The space keeper of claim 1 further comprising an elastic member located between the top plate and the base plate.
- 3. The space keeper of claim 2 wherein the tubular section defines a plurality of openings.
- 4. The space keeper of claim 3 wherein the openings of the tubular section are lozenge-shaped.
- 5. The space keeper of claim 2 wherein the top plate has teeth that engage a wall of a vertebral body end plate.
- 6. The space keeper of claim 1, wherein the base plate defines a convex contact face and a first annular recess; the top plate defines a concave recess and a second annular recess wherein the concave recess is congruent with the convex contact face; and the space keeper further comprises a ring that is located between the first annular recess and second annular recess wherein the ring contacts the first annular recess and second annular recess.
- 7. The space keeper of claim 1 wherein the base plate defines a concave contact face and a first annular recess; the top plate defines a concave recess and a second annular recess; and the space keeper further comprises:
- a biconvex shaped core positioned between the base plate and the top plate, the core defining a top convex face and a base convex face that engage

the concave contact face and concave recess, respectively, the core also defining a top annular recess and a base annular recess; and

a first ring located between the first annular recess and base annular recess and a second ring located between the top annular recess and second annular recess.

8. The space keeper of claim 1 wherein the base plate defines a concave contact face; the top plate defines a concave recess; and the space keeper further comprises:

a core comprised of a top plan-convex lenticular body defining a top convex face, a base plan-convex lenticular body defining a base convex face, and a plan-parallel plate between the top plan-convex lenticular body and base plan-convex lenticular body, the core defining a bore, said top convex face engaging the concave recess and said base convex face engaging the concave contact face; and

a connecting sleeve located within the bore wherein the connecting sleeve connects the top plate with the base plate.

9. The space keeper of claim 1 wherein the base plate defines a concave contact face; the top plate defines a concave recess; and the space keeper further comprises:

a core comprised of a top plan-convex lenticular body defining a top convex face and a first annular recess, a base plan-convex lenticular body defining a base convex face and a second annular recess, said top convex face engaging the concave recess and said base convex face engaging the concave contact face, the core also defining a bore;

a connecting sleeve located within the bore wherein the connecting sleeve connects the top plate with the base plate; and

a ring located between the first annular recess and second annular recess.

10. The space keeper of claim 1 wherein the base plate defines a flat face; the top plate defines a concave recess; and the space keeper further comprises:

a core comprised of a plan-convex lenticular body defining a top convex face and a plan-parallel plate, said top convex face engaging the concave recess and said plan parallel plate being located between the flat face and the planconvex lenticular body, the core also defining a bore; and

a connecting sleeve located within the bore wherein the connecting sleeve connects the top plate with the base plate.

11. The space keeper of claim 1 wherein the base plate defines a flat face having a first annular recess; the top plate defines a concave recess; and the space keeper further comprises:

a core comprised of a plan-convex lenticular body defining a top convex face and a second annular recess, said top convex face engaging the concave recess, the core also defining a bore;

a connecting sleeve located within the bore wherein the connecting sleeve connects the top plate with the base plate; and

a ring located between the first annular recess and second annular recess.

12. A space keeper for vertebrae or intervertebral disks comprising: a tubular section having a longitudinal axis and having a first end and a second end;

a first element proximate to the first end of the tubular section wherein the first element has a base plate connected with the first end of the tubular section, a top plate connected with the base plate and an elastic member located between the top plate and the base plate; and

a second element proximate to the second end of the tubular section wherein the second element has a base plate connected with the second end of the

tubular section, a top plate connected with the base plate and an elastic member located between the top plate and the base plate;

wherein the top plates are tiltable about an angle to the longitudinal axis of the tubular section.

- 13. The space keeper of claim 12 wherein the tubular section defines a plurality of openings.
- 14. The space keeper of claim 13 wherein the openings of the tubular section are lozenge-shaped.
- 15. The space keeper of claim 12 wherein each top plate has teeth that engage a wall of a vertebral body end plate.